

Splaine Consulting August 2021 Newsletter

What we're doing, what we're reading, and where we've been: it's all here. Follow our [Facebook](#) & [LinkedIn](#) pages for updates, and forward this newsletter to friends and colleagues interested in all things Alzheimer's. Thanks for keeping us in your inbox!



Alzheimer's Association Conference Highlights

Here are 5 key learnings from the recent Alzheimer's Association International Conference (AAIC).

- Initial research suggests that some older adults may suffer lasting cognitive impairment which may include memory issues after recovery from COVID-19 infection.
- Multiple studies show that air pollution build up has been linked to increased risk of ADRD. Improved air quality may improve cognitive function.
- Research has found that transgender adults are nearly twice as likely to report subjective cognitive decline.
- Global prevalence of Alzheimer's is predicted to triple to 152 million by 2050 due to upward trends in smoking, high body mass index (BMI) and high blood sugar.
- Minorities have historically been underrepresented in clinical ADRD research and these are the very populations at a higher risk for developing ADRD. Clinical trial diversity is crucial to the success of clinical trials.

For more information, visit [here](#).

Some of Splaine Consulting's work with IPA was showcased at AAIC in a scientific poster headlined by Dr. Kate Zhong on agitation and dementia.



National Indian Council on Aging Conference

Highlights from the conference include:

- Role of Tribal Leaders in Reaffirming the Value of Elders In Preserving Tribal Cultures
- Tribal Perspective on Aging in Indian Country
- Native American Veterans: Issues and Concerns as They Age
- The Aging Network: Challenges & Opportunities in the Next Decade

Mike Splaine presented at the conference on how State AD plans have and have not included participation by and issues for Indian Country.

Mike's friend and colleague Dave Baldrige was given the Juana Lyon Award for demonstrating superior leadership and innovation in service delivery to AI/AN Elders.

Learn more [here](#).

Alzheimer's and Dementia Care Policy Continuing Education



The University of Massachusetts Alzheimer's and Dementia Care Policy and Practice Certificate Course will run for 6 weeks. The course is designed for gerontology and social work students, advocates, community care providers and other health and aged care professionals.

It be taught by Mike Splaine and Kate Gordon on Tuesdays, October 5th - November 9th at 7pm - 9pm EST.

Registration for the course is now open!

To learn more and register visit [here](#).



Alzheimer's and Dementia Upcoming Events

Splaine Consulting will be in attendance or presenting at these upcoming events. Hope to see you there!

- **Namaste Care International Virtual Conference** on Septmeber 24th. This event is designed for care and nursing staff and managers and CEOs. The latest information, research, and best practices will be presented. [Learn more here](#).
- **Annual Aging Conference** on October 1st. Mike Splaine will be presenting: Supporting Persons Living Alone with Alzheimer's and other Dementia. The webinar will be on reaching individuals living alone, the challenges reaching them, and the challenges experienced by people living alone with dementia. [Learn more here](#).
- **National Adult Day Services Association** on October 14-16th. Mike Splaine and Jeff Klein of Nevada Senior Services will host a workshop on their hospital2home work. [Learn more here](#).



Living Alone and Connected!

Living Alone and Connected! (LAAC) is an online community made for persons living alone with Alzheimer's or another form of dementia. Through dynamic content and interactive online events, LAAC's mission is to lessen the effects of the existing social isolation many people with Alzheimer's already faced, isolation that was exacerbated by the COVID-19 pandemic.

Living Alone and Connected! hosts events and programs that include happy hours, live museum tours, arts nights, and educational presentations, all held live through the Facebook group. Through creativity we will create connectivity! You might live alone, but you don't have to feel alone.

Living Alone and Connected! is a Facebook group hosted and moderated by Cognitive Solutions, LLC. Living Alone and Connected! is supported in part by a cooperative agreement #NV90ALGG0015 from the Administration on Aging (AoA), U.S. Department of Health and Human Services (DHHS).

If you, or someone you care for, has Alzheimer's or another form of dementia and lives in a single household, please join or share the [Living Alone and Connected!](#) Facebook group.

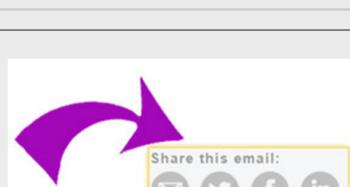
www.livingaloneandconnected.com

[Click to view LAAC](#)

Help us spread the news!

You can find the share buttons pictured here at the bottom in the footer of this newsletter. Please share to help make people more aware of what's going on in

the Alzheimer's and dementia world!



Interested in accessing your opportunities?

Our history with this unique program goes all the way back to its creation and initial funding in the 1990's through to the present in which we have been a consultant to several of the grantees, with a special focus on the live alone population and guiding stakeholder development and sustainability strategy in the translating evidence based programs into community use.

[Contact Mike & Kate!](#)

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