

# Splaine Consulting June 2022 Newsletter

What we're doing, what we're reading, and where we've been: it's all here. Follow our [Facebook](#) & [LinkedIn](#) pages for updates, and forward this newsletter to friends and colleagues interested in all things Alzheimer's. Thanks for keeping us in your inbox!



## Thoughtful Hospitalization Workshops

Thoughtful Hospitalization is a free online workshop that offers a personal action plan to families and caregivers of people with dementia to prevent hospitalization, navigate hospitalization, transition home safely and set up for the best recovery possible at home. Thoughtful Hospitalization will be led by Splaine Consulting's Mike Splaine and Kate Gordon, Consultants specializing in Alzheimer's and dementia.

People with dementia can experience exceptional challenges and stressors during hospital stays such as higher risk for falls, dehydration, malnutrition, untreated pain, medication-related problems, and physical restraints. As a result of these stressors many dementia patients experience functional decline that does not typically resolve following discharge. Individuals with dementia are also vulnerable to inappropriate referrals to psychiatric facilities and nursing home placements following a hospital stay.

Thoughtful Hospitalization offers the necessary tools so that people with dementia and their loved ones can feel prepared, safe, and capable of navigating a hospital stay. Thoughtful Hospitalization upcoming workshops will be offered on several dates and times via Zoom. You can register for any one of the following dates: 6/17, 6/18, 6/21, 6/22.

**Register for the webinar [HERE](#).**

**Learn more about Thoughtful Hospitalization [HERE](#).**

Registrants will receive a hospital "go bag", handouts and access to recordings for the sessions. Each will be asked to do a short pre and post workshop survey to aid us in making sure we are providing high quality education.

## Alzheimer's Disease International Report

The Alzheimer's Disease International 'From Plan to Impact' report is now available.



In this report, you can find:

- A visual summary of national dementia plans around the world
- Progress on our urgent #WhatsYourPlan campaign
- Case studies from more than 40 countries covering all seven of the WHO Global action plan on dementia's action areas, including on national dementia strategies, awareness raising, diagnosis, treatment, care and support, research and an update on the continued impact of the COVID-19 pandemic
- Essays from dozens of experts on dementia policy, research, innovation, and the economic, social and health ramifications of dementia
- Key recommendations and a call to action for governments to respond to their 2017 commitment and develop national dementia plans by 2025

**Access the report [HERE](#).**

## Living Alone with CI Project Publication

The Living Alone with Cognitive Impairment Project's Policy Advisory Group on Long-Term Services and Supports: Setting a Research Equity Agenda was recently published in the International Journal of Environmental Research and Public Health. The Policy Advisory Group of the Living Alone with Cognitive Impairment Project identified barriers and facilitators to expand long-term services and support for people living alone with cognitive impairment.

**Access the full article [HERE](#).**

Kate Gordon, of Splaine Consulting, is a member of the Policy Advisory Group. Learn more about the Policy Advisory Group [HERE](#).

## Living Well with Dementia Conference

The Dementia Action Alliance Living Well with Dementia conference will be September 19-21 in Indianapolis, IN. Be sure to attend Mike Splaine's presentation at the conference, 'Can Persons with Dementia Live Alone'.

Anyone who cares about, works with, interacts with or provides support for individuals living with dementia should attend this important conference. Living Well with Dementia will bring together the large diverse dementia community.

**Register for the conference [HERE](#).**



## Living Alone and Connected!

Living Alone and Connected! (LAAC) is an online community made for persons living alone with Alzheimer's or another form of dementia. Through dynamic content and interactive online events, LAAC's mission is to lessen the effects of the existing social isolation many people with Alzheimer's already faced, isolation that was exacerbated by the COVID-19 pandemic. Living Alone and Connected! hosts events and programs that include happy hours, live museum tours, arts nights, and educational presentations, all held live through the Facebook group. Through creativity we will create connectivity! You might live alone, but you don't have to feel alone.

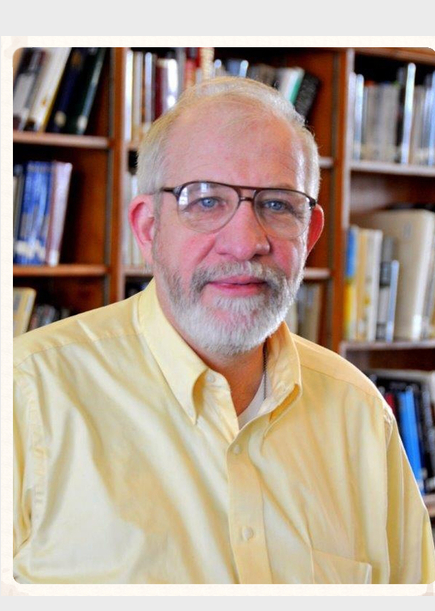
Living Alone and Connected! is a Facebook group hosted and moderated by Cognitive Solutions, LLC. Living Alone and Connected! is supported in part by a cooperative agreement #90ADPI0067-01-00 from the Administration on Aging (AoA), Alzheimer's Disease Program Initiative (ADPI) and cooperative agreement NVADPI0082 from the Neighbor Network of Northern Nevada.

**If you, or someone you care for, has Alzheimer's or another form of dementia and lives in a single household, please join or share the [Living Alone and Connected](#) Facebook group.**

## Alzheimer's Brain

### Awareness Month

During Alzheimer's Brain Awareness Month, we honor the millions of Americans living with Alzheimer's and the supportive community of family, friends and caregivers. June 21st is the longest day of the year, the summer solstice. On June 21st, every year, people from across the world online or in-person, help raise awareness and fight for a brighter future for Alzheimer's. On June 21st, get involved by taking part in an activity you enjoy and turn it into a fundraiser to fight Alzheimer's. Learn more [here](#).



[Contact Us](#)

## Follow Us On Social Media!

Find us on facebook and linkedin using the buttons below!



Contact us at [www.splaineconsulting.com](http://www.splaineconsulting.com) or (443) 630-9226.

Share this email:



[Manage](#) your preferences | [Opt out](#) using TrueRemove™

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

5416 White Mane  
Columbia, MD | 21045-4226 US

This email was sent to .

To continue receiving our emails, add us to your address book.

emma

[Subscribe](#) to our email list.