

Splaine Consulting July 2022 Newsletter

What we're doing, what we're reading, and where we've been: it's all here. Follow our [Facebook](#) & [LinkedIn](#) pages for updates, and forward this newsletter to friends and colleagues interested in all things Alzheimer's. Thanks for keeping us in your inbox!



Thoughtful Hospitalization Workshops

Join Aging Advocates Mike Splaine and Kate Gordon in the next Thoughtful Hospitalization Workshop for families and caregivers of people with dementia. The workshop offers the tools to navigate hospitalization, transition home safely, and set up for the best possible recovery at home.

People with dementia can experience exceptional challenges and stressors during hospital stays such as higher risk for falls, dehydration, malnutrition, untreated pain, medication-related problems, and physical restraints. As a result of these stressors, dementia patients often experience functional decline that does not typically resolve following discharge. Individuals with dementia are also vulnerable to inappropriate referrals to psychiatric facilities and nursing home placements following a hospital stay.

But a hospital stay doesn't have to be this way! Build your knowledge and confidence to navigate a hospital stay safely with your loved one. Learn the strategies that have been working for families, caregivers, and cognitively impaired patients for over 10 years to reduce stress and increase the success of a hospital stay.

Thoughtful Hospitalization free online workshops will be offered on several dates and times via Zoom. Register for any one of the following dates on 7/11, 7/15, 7/19, 7/21, 7/27.

Register [HERE](#).

Learn more about Thoughtful Hospitalization [HERE](#).

Four Paths to Addressing Dementia in Tribal Communities

The National Indian Health Board (NIHB) and the Alzheimer's Association are hosting the National Brain Health Webinar: Four Paths to Addressing Dementia in Tribal Communities. The webinar will highlight the work of four Tribal sub awardees in addressing Alzheimer's disease and related dementias (ADRD) in their communities.

It is estimated that over the next 50 years the extent of ADRD will increase in American Indian/Alaska Native communities. These conditions are marked by persistent difficulties with memory, thinking, and completing every day activities like preparing food or sharing stories with loved ones. ADRD heightens the need for healthcare, services, and caregiving for elders. Join the webinar to learn ADRD strategies in tribal communities.

The intended audience is Tribal health managers, administrators, Tribal leaders, clinicians, aging and elder program professionals, public health professionals, health educators, CHAPs, CHRs, caregivers, and family members.

The webinar will be Tuesday, July 26th at 2:00 - 3:30 PM ET.

Register [HERE](#).

New Promising Developments: Preventive Intervention in Dementia

The International Psychogeriatric Association (IPA) has a new upcoming webinar: Preventative Interventions in Dementia. Can dementia be prevented? If so, how? In this webinar, experts in the field of dementia prevention research will review and provide updates on the most current knowledge on dementia prevention strategies.

The webinar will be held Thursday, September 1st at 7:00am Central/Secretariat

Registration Coming Soon!

Why Do More Women Develop Alzheimer's Disease?

In study results published in Alzheimer's & Dementia: The Journal of the Alzheimer's Association, researchers at the University of Chicago and Boston University School of Medicine identified a gene that may increase Alzheimer's risk in women. The gene is called gene called MGMT, O6-Methylguanine-DNA-methyltransferase.



The findings offer a potential clue into why women develop Alzheimer's more often than men. Learn more [here](#).

Shared Housing Movement

Studies have shown that social isolation has been linked to a higher risk of developing dementia. Social connection is an important factor in brain health and cognitive function. One way to have sustained social support and connection is through shared housing. Shared housing can offer a healthier, more connected, and more comfortable life. No wonder shared housing is becoming more and more popular.

Sharing Housing is an organization that offers resources to learn the ins and outs of shared housing. Join the Sharing Housing team in these upcoming webinars to get all your questions about shared housing answered:

- Q&A will be Thursday, July 14th at 2PM ET/ 11 AM PT. [REGISTER HERE](#).
- Q&A will be Tuesday July 19th at 4PM ET/1 PM PT. [REGISTER HERE](#).

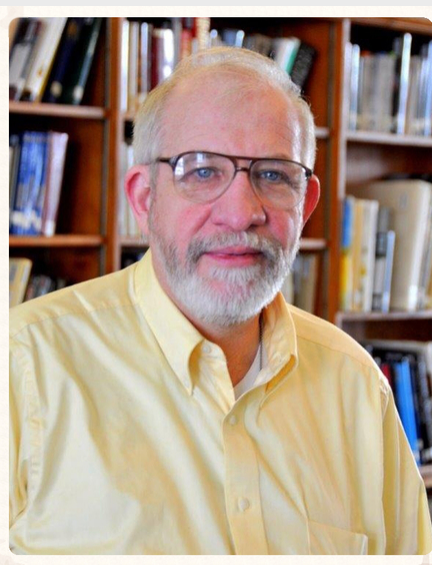


Living Well with Dementia Conference

The Dementia Action Alliance Living Well with Dementia conference will be September 19-21 in Indianapolis, IN. Be sure to attend Mike Splaine's presentation at the conference, 'Can Persons with Dementia Live Alone'.

Anyone who cares about, works with, interacts with or provides support for individuals living with dementia should attend this important conference. Living Well with Dementia will bring together the large diverse dementia community.

Register for the conference [HERE](#).



Contact Us

Follow Us On Social Media!

Find us on facebook and linkedin using the buttons below!



Contact us at www.splaineconsulting.com or (443) 630-9226.

Share this email:



Manage your preferences | [Opt out](#) using TrueRemove™

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

5416 White Mane
Columbia, MD | 21045-4226 US

This email was sent to .

To continue receiving our emails, add us to your address book.

emma

[Subscribe](#) to our email list.